



Friendly Visiting

A service designed to provide seniors with regular social contact and to reassure them that help is available if and when needed. Service may be provided by a personal home visit, by telephone, or other means. This service is provided free of charge by volunteers.



Telephone Assurance

A caring volunteer will make a daily phone call to people living alone to ensure that all is well. Further assistance can be provided with a weekly social call or to arrange additional services.



Minor Repair

A free service which provides a volunteer to assist with minor household repairs such as changing light bulbs, attending to faucets and other small maintenance jobs.

Volunteers are vital to the delivery

of Nepean Seniors' Home Support programs. Volunteers provide support in a variety of areas such as driving people to medical appointments, answering the telephone, organizing social and fundraising events and serving on committees.

Our volunteers are screened and interviewed to match the volunteer to the most fulfilling volunteer work experience. People interested in assisting seniors to live in the community are welcome. Contact our Volunteer Coordinator by calling the office.



Transportation to Medical

Experienced volunteer drivers provide transportation to and from medical appointments. Escort assistance can be provided to ensure the client arrives in the doctor's office safely. A nominal fee for service is charged.



Transportation to Groceries

A door-to-door transportation service at a reasonable cost that enables seniors to shop for groceries. Van transportation and assistance with groceries is provided.



Foot Care Clinics

Qualified foot care specialists will provide basic footcare services for a low cost at several locations in Nepean. Appointments must be made in advance.



Income Tax Service

A free service where trained volunteers assist seniors during income tax time with the completion and filing of straight forward tax returns.



Craft Group

Members of the craft group meet once a week at the office to learn and practice various crafts in a friendly and supportive setting. Products produced are sold at the annual bazaar to support the fundraising needs of the agency.



55 Alive Driver Refresher Course

An in-classroom course sponsored by the Canada Safety Council where mature drivers can update their driving knowledge and learn skills to compensate for physical changes associated with aging.



Interest Workshops

Information sessions are offered regularly on topics of interest to seniors such as financial planning, estate management, health and nutritional concerns etc. Upcoming workshops are advertised in local newspapers and the agency newsletter.



Information and Referral

A service designed to link individuals with the appropriate senior support services in the community.

